



DR RITA S. PATIL is an Associate Professor and Head of the Department of Food and Nutrition. She is member of the College Development Committee (2017 onwards) and in- charge of Students Council Committee from June 2016.

Dr Patil has written a book FUN FILLED FITNESS for KIDS (ISBN 978-93-86487-11-7, Publisher Open Crayons a division of Become Shakespeare) and the book was released in June 2017. Dr Rita Patil has presented a paper at the National conference of the Indian Dietetic Association in Kolkatta. Her paper was on "**Food Consumption Pattern of School Children in Mumbai**". She has started Diet Counseling in Maniben Nanavati Women's College from February 2018.

She is also a research guide for MSc student's dissertation. She has guided undergraduate girls for research competitions and students have three prizes, one at regional level and another at a state level competition. Dr Rita Patil has also conducted department skill development programme of Basic Baking. Dr Rita Patil has a membership in the following national and international bodies- International Society of Developmental Origins of Health and Disease (DOHAD); Life member of Indian Dietetic Association, Local Executive Committee member of the Indian Dietetic Association, Mumbai Chapter, Life member of All India Association for Advancing Research in Obesity (AIAARO) and Life member of Nutrition Society of India.

She has convened programs for IDA and been a moderator for a webinar. In April she has given a TED Talk at the Challenges in Diabetes conference titled 'Nutrition Counseling- Tackling Googolopathy'.