



**DR. (MRS) RITA S. PATIL; MPhil; PhD (Food Science and Nutrition)**

**Associate Professor, Head of Department.**

Heading the department since 2012. Has introduced several innovative activities for the department. Has collaborated with Industry for sponsorship of students activities. 'Health Mantras' a monthly health bulletin and Bite Delite Cafeteria are two highlights of the department which are enjoyed by the students.

**TEACHING:** Has a teaching experience of 22 years (undergraduate) and 15 years (post graduate) level. Subjects taught- Basic Nutrition, Meal Management, Food Commodities and Food Entrepreneurship, Medical Nutrition Therapy.

**RESEARCH:**

- Completed minor research project.
- Worked for six months on a project of the International Food Research Policy at the department of Food Science and Nutrition, SNDT Women's University.
- Has 6 publications.
- Attended over 45 Local, State, National level seminars and more than 10 International seminars.
- Presented papers at National and International Conferences in India, Singapore and Canada.
- Given more than 40 talks.
- Areas of research interest- Pediatric Nutrition and Public Health and Nutrition.

**PROFESSIONAL ACTIVITIES:**

Life member of-

- Nutrition Society of India,
- All India Association for Advancing Research in Obesity (AIAARO)
- Indian Dietetic Association (IDA). *Local Executive Committee* member of the Indian Dietetic Association, Mumbai Chapter. Actively involved in various activities of IDA

Member of the International Society of Developmental Origins of Health and Disease (DOHAD).

**SPECIAL HIGHLIGHTS:**

- On the panel as reviewer of research papers two international journals (Journal of Developmental Origins in Health and Disease) and International Journal Public Health and Nutrition of Cambridge journals online.
- Guiding MSc students for dissertation.
- Technical Consultant for Nutrition to NGO's.
- Diet Counseling since 2006.

**HOBBIES:** Music, Reading, Painting, Travelling. .